



## You can bless more families!

### Consider offering your gifts by volunteering with CFM National

Do you love sharing CFM? Contact us to learn how to be a mentor and help others start a new group.

Are you familiar with Microsoft Publisher? We are looking for someone to format our monthly newsletter, this one you are reading right now! We will provide the content. If you can help, please contact the national office - [office@cfm.org](mailto:office@cfm.org)

Do you want to make a difference for marriage and family? We could use your help formatting our yearly program book into a Microsoft Publisher template (and our e-book in Word using an automatic table of contents). If you could help with either of these, contact the national office - [office@cfm.org](mailto:office@cfm.org)

Do you like using Social Media? We are looking for someone to post content on our Facebook Page and Instagram. You can help more people find out about CFM! Contact the national office - [office@cfm.org](mailto:office@cfm.org)

## Our Families Live the Eucharist

One way CFM helps our members to live the Eucharist in their daily lives is to invite them to prepare for Sunday Mass with our weekly Gospel Reflections, with *The Nazareth Pages* by Catholic family life expert Dr. David Thomas. These are posted on our website at [www.cfm.org/blog](http://www.cfm.org/blog) and shared on our Facebook page.

Each week's post includes an OJA discussion process for applying the Sunday Gospel to family life. This gives a weekly opportunity for families to experience themselves as the domestic church, a church of the home. By preparing for Mass the following Sunday, families can grow in holiness, witness to faith, and share the love of Christ.

### New CFM Office Mailing Address!

P.O. Box 266, Dexter, MI 48130

Member Services Administrator Pam Kuzel is ready to fulfill your requests for books, answer your questions, and make sure you have all you need to succeed in your CFM groups. Email us at [office@cfm.org](mailto:office@cfm.org) or call 800-581-9824.



## Tools for Your Marriage

- Susan Vogt, Author of *Marriage Moments*

Marriage is a value-laden and spiritual undertaking—even for those who are not members of an organized religion. If your faith is important to you, however, your marriage vows take on a special dimension as your commitment to each other becomes an expression of your faith, not only in each other but also in God.

Try this exercise, [Values & Spirituality for Couples](#), to help you identify your most deeply held values and to check how closely they match up with your daily life:

## Michigan Families Pitch in to Make a Difference in Their Community

During this covid pandemic, typical fundraising and service events have suffered, but CFM groups at St. Thomas the Apostle, Ann Arbor, found ways to help. Their St. Monica group gathered items to fill blessing bags to give to the less fortunate. The kids enjoyed filling the bags, looking forward to sharing them (right).

The St. Fidelis group chose to host a small gathering of families for a fund-raising dinner to benefit the **Hope Clinic in Ann Arbor**, an amazing outreach that was inspired by a CFM action. The clinic provides free food, health care, dental, laundry services and other needs to the local community <https://thehopeclinic.org/>



When Hope Clinic's founders, the late Dr. Daniel Heffernan and his wife joined CFM, their goal was to apply Scripture to their daily lives. The Heffernans' participation in CFM led them to "act" and start a weekly "tail-gate" medical clinic, loading medical supplies into their station wagon to serve the migrant farm workers in a neighboring community. The family practice physician later set up his office in downtown Ann Arbor, but the thought of helping people who lacked insurance or funding for medical care was never far from his mind. Ultimately, the creation of Hope Clinic was and is "simply a work of God," Dr. Heffernan said.

"The laity will have to come to a comprehension that our blessed Lord was not crucified in a cathedral between two candles but in the world, on a road way, in a town garbage heap, at the crossroads where there were three languages written upon the Cross. Yes, they were Hebrew, Latin and Greek, but they could just as well have been English, Bantu or African. It would make no difference. He placed Himself at the very center of the world, in the midst of smut, thieves, soldiers and gamblers. He was there to extend pardon to them. This is the vocation of the laity: to go out into the world and make Christ known."

- Ven. Fulton J. Sheen

### Now Is A Good Time to Share CFM

Invite families to your existing group or start a new group. Use CFM's **Promotion and Expansion Toolkit** to enhance your efforts, available in the Resources for Leaders in the members-only section of our website.

[Sign in to your member account](#) to access Resources for Leaders, including CFM graphics, sample bulletin and pulpit announcements, and much more.

