

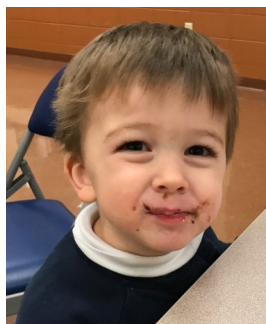


CFM Families Reach Out with Tidings of Great Joy!

Christmas provided so many opportunities for Christian Family action in parishes and communities across the country. We share some actions and happy faces from our groups this month in ACT. It is not too late to share your group's actions and photos. Send news to ACT at director@cfm.org



Oshkosh, Wisconsin. The CFM groups of Oshkosh, Wisconsin, worked to help make this Christmas a special one for the more than 120 residents of Bella Vista Assisted Living in Oshkosh. CFM Families from St. Jude and St. Raphael Parishes met to sort and wrap hundreds of gifts donated by St. Jude parishioners through their annual Giving Tree donation drive. Children from CFM families pitched in to color cards for the residents.

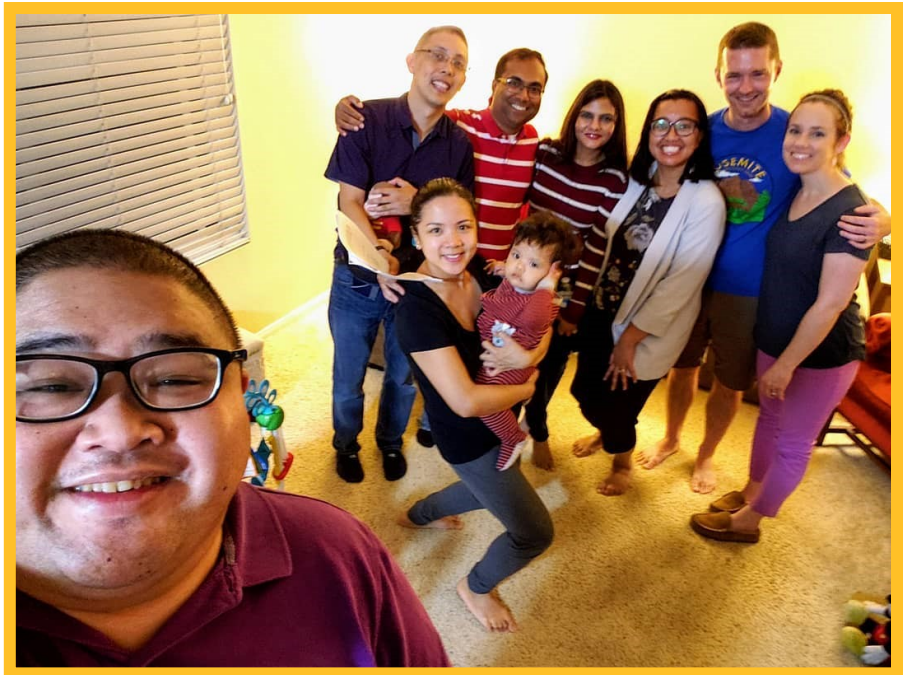


After delivering the gifts, they gathered for fellowship, a kids' craft (gingerbread houses), and a dinner. Fr. Louis Golamari (below, right), National CFM Chaplain, is the pastor at St. Jude. More than fifty people were involved from the CFM groups and the wider parish community—a real blessing in the first year of CFM in Oshkosh!



SAN DIEGO, CALIFORNIA

John Prust, Family Life Director, Diocese of San Diego, started a CFM group of young families in his home parish. He sent along a photo of their group at their inaugural get together. The group of young families had their third meeting in his home (monthly). They love the introductory book, *For Happier Families*. John invited the new members to register online and hopes to start additional groups in his parish when another leader is prepared.



Go Tell It on the Mountain: Jesus Christ is born!

CFM families from Our Lady of the Fields, Millersville, MD, spread Christmas Greetings to the neighborhood. The group makes sandwiches and donates canned meals for the homeless shelter.



REDONDO BEACH, CALIFORNIA

St Lawrence Martyr CFM hosted "Donuts with Santa" after the Sunday masses before Christmas. A great way to introduce CFM to the younger families of the parish.

Expansion in Michigan

Following an introduction by Fr. Tom Helfrich, (right) Christian Family Movement (CFM) National Presidents, Brian and Mary Ann Thelen (left) spoke to parishioners at St. Rita Catholic Church in Clarklake, Michigan on Sunday, December 8, 2019.



LIKE [CFM's Facebook page](#) to receive weekly Gospel reflections and inspiration for spreading the Good News.

READ [CFM's Weekly Gospel Reflections Blog for Spirituality](#) from a family perspective.

How Will You Share in the Mission of CFM?

If your life has been touched by the Christian Family Movement, please prayerfully consider how you might financially support our mission to families, and our publicity efforts to reach young marrieds in particular. [Donate Here!](#)

Your New Year's Resolution? Care for Your Marriage!

from Susan Vogt, author of *Marriage Moments* and *Parenting Pointers*:

When couples get married they figure they know each other pretty well - and hopefully they do. As our New Year dawns, it might be fun to check out how things might have changed. Offer them this short exercise [How Do I Know Thee? Let Me Count the Ways](#) .

Contact the [National Office](#) to subscribe to receive short weekly *Marriage Moments* and/or *Parenting Pointers* by email.

Lent Is A Good Time to Share CFM with Your Parish

Sample Pulpit Announcement:

"When Jesus sent out His disciples to announce His coming, He sent them two by two. He wanted them to have companions on the journey. It is still true today for Christian Families, we need companions on the journey of faith. CFM is families following Jesus, at home, at church and in the world!

St. Barbara's is supporting Christian marriage and family life with a program to help people to live their faith in everyday life. CFM is "love in action!"

We will be meeting once a month (add details here: in our homes, in the parish, whatever works for your families). Please come to the parish hall after mass today to learn how you can join other families to build a better world through actions of love, service, education, and example. We have donuts. "



"The Lord is calling forth from his Church "missionary disciples who know how to see without inherited myopias, who examine reality through the eyes and heart of Jesus, and from there, judge. And who take risks, act, and commit."

- Pope Francis



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Starts January 12, 2020